







## **GREEN LENTIL SALAD WITH FETA**

## INGREDIENTS

2 cups lentils	1/3 cup red wine vinegar
1 bay leaf	2 tablespoons fresh parsley, minced
1 carrot, peeled and diced	1 teaspoon fresh thyme, minced
1 celery stalk, diced	8 ounces Feta, crumbled or cubed
1 medium red onion, diced	Kosher salt
2/3 cup extra virgin olive oil	Fresh cracked black pepper

## DIRECTIONS

- 1. Place lentils and bay leaf in a large pot and cover with 3 inches of water. Bring to a boil then reduce and simmer for 30 minutes.
- 2. Drain the lentils well and spread them on a baking sheet. Drizzle with vinegar and olive oil and let cool.
- **3.** While the lentils cool, sauté the onion, carrot, and celery together in a pan with a little olive oil until they are slightly soft. Season with salt and pepper.
- **4.** Remove from heat and add herbs. Combine cooled lentils with sautéed vegetables and Feta and stir gently.
- 5. Refrigerate for at least 1 hour. Serve with a bit of Feta on top.

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